

Habitat Stewardship Volunteer Program 1st & 3rd Saturdays 8:45am - 12:30pm

Come join us for a morning in trail stewardship activities such as brushing, trail maintenance or trail building and work towards our mission of building community, connecting people with nature, and protecting and enhancing Mount Sutro, one of the city's wildest and most beautiful green spaces.

COVID-19 Precautions:

- We are asking all volunteers to register at <https://www.sutrostewards.org/events> before coming out to volunteer.
- All activities will take place outdoors and be limited to only those activities where volunteers will be able to stay 6 feet apart throughout the event.
- All volunteers and staff will be required to wear a mask throughout the volunteer program.
- All tools provided by Sutro Stewards for volunteer use will be sanitized before and after each volunteer program.
- Hand sanitizer will be available for volunteer use throughout the program.

What to Bring and Wear:

- We are highly encouraging volunteers to bring their own gardening gloves to use during the volunteer program.
- Water bottle and any snacks that you may like.
- Wear clothes that can get dirty! Long pants and long-sleeved shirts to protect your legs and arms while working and sturdy, closed-toe shoes.
- Some work areas may have poison oak and arriving in appropriate clothing limits exposure risk. If you have a known sensitivity, please alert a crew leader prior to starting work.

Checking-In:

- We will meet at the parking lot of the Woods Lot located on Mount Sutro at 100 Medical Center Way, San Francisco, CA 94131.
- Please **arrive 15 minutes earlier** to register for the day and sign waivers if you have not already done so.
- We will provide tools, orientation to the trail site and instructions on the day's activities.

Parking:

- Parking is available in the Woods Lot at the check in address.

Contact:

Reach out to Dan Bernards at danb@sutrostewards.org with any questions.

We look forward to seeing you on the Mountain!

Sutro Stewards Glove Guide

Gloves That Will Work

Gardening or work gloves with rubber, leather or some other durable material on the palm side of the glove. These gloves can have some cloth as long as the palm side is made of a durable material.



Gloves That Won't Work

Gloves with palm sides made out of non-durable materials such as cloth, nitrile or winter gloves will not be able to provide adequate protection while volunteering.



We ask all our volunteers to use these guidelines as a point of reference to help us foster a safe and inclusive volunteer experience for all. **Volunteers are the heart of our stewardship work.** We strive to

be a model of community-based stewardship. Our volunteers are passionate, knowledgeable, talented, and hard-working. We support volunteers to accomplish meaningful, fun, empowering work that helps them feel connected to nature and the community of people who steward Mount Sutro.

Community Guidelines

Maintain Physical Safety at All Times

- Perform only the tasks assigned.
- Observe all safety requirements and use care in the performance of those tasks. ● Only undertake tasks that feel at a comfortable level of ability for you.
- Ask for clarity from staff if you are unsure how to perform a task or handle a tool. ● Do not pick up or handle: sharp objects, glass, needles, toxics or any other potentially hazardous object.
- Do not leave the designated area without checking in with the on-site staff supervisor ● For any questions, please request assistance and report locations of unsafe objects/areas to the on-site staff supervisor.

Respect other Volunteers, Staff and the Public

- At Sutro Stewards we strive to create a safe and welcoming space for all our volunteers. We ask that you be respectful and kind in words and actions towards fellow volunteers, staff and the greater public you interact with. This includes respecting others' right to privacy, physical and emotional safety. We welcome a diverse array of volunteers from different backgrounds, abilities and identities and ask that you be thoughtful in the types of conversation topics approached while volunteering to ensure that everyone feels included and safe. If you are made to feel uncomfortable by another volunteer, reach out to staff so that the issue can be appropriately addressed immediately.

Ask Questions and Stay Curious

- Staff will provide instructions on tool safety, tasks for the day and the scope of where we'll be working. We encourage you to ask questions if you need clarity on instructions or if you're simply curious about the task at hand.

Accessibility

- Please note that our activities often involve extensive walking and hiking on uneven terrain. If you have any accessibility needs or concerns, let us know in advance and we'll do our best to find an alternative or accommodation to support your participation.

Injury/Incident Reporting

- Report any injury, accident or incident that occurs while volunteering to the on-site staff supervisor immediately

Dismissal

- The need to dismiss a volunteer is rare, but sometimes it is required for the safety and protection of other volunteers, staff and/or the public. Sutro Stewards reserves the right to dismiss any volunteer who does not comply with our Community Guidelines.